|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Product** | Vorm |  | Onstekings-  werend  (arthritis) | Urinezuur  verlagend | Suiker en cholesterol verlagend | Immunity booster | Preventie leverziekten  -vette lever | Preventie Alzheimer | Anti oxid.  Preventie kanker | Verbetering  Bloedcircu-  latie | Verlaging  bloeddruk | Weight control |
| Baking soda  (Zuiverings-  zout) | ½ theelepel  poeder in water  Voor ontbijt |  | X | X  Bloeddr. ? |  |  |  |  |  |  |  |  |
| Apple cider azijn (ACV) | Honing + citroen+  ACV |  |  | X | X |  |  |  | X ? |  | X | X |
| Gember (Ginger) | Thee |  | X |  | X | X | X | X | X | X |  |  |
| Turmeric | Capsules |  | X |  | X | X | X | X | X Prostaat |  | X | X |
| Mangosteen  Xanthones ! | Capsules |  | X |  |  |  | X |  | X | X | X | X |
| Citroen | Sap |  | X | X | X cholest. |  | X cleansing |  | X |  |  | X |
| Honing | Stroop |  |  |  | X cholest. |  |  |  | X |  | X |  |

Deze tabel is een overzicht van wat verschillende informatiebronnen (artikels, youtube films) aangeven.